

TATAMI, Elotie 2

tatamisali.fi

Kevätkausi 2021

Alkamisaika: 11:00

Aikaväli:

15

(minuutteina)

| Aika | Ma | | | Ti | | | Ke | | | To | | | Pe | | | La | | | Su | | | | | | | | | | | | | | |
|-------|--------------------------|--------------------|-----------------|---------------------------------|--------------------------------------|---------------------------------------|--------------------------|---------|---------|------------------------|------------------------|--------------------|---------------------------------|--------------------------------------|---------------------------|-------------|--------|--------|------------------------------------|--------|--------|--|--|--|--|--|--|--|--|--|--|--|--|
| | Sali 1 | Sali 2 | Sali 3 | Sali 1 | Sali 2 | Sali 3 | Sali 1 | Sali 2 | Sali 3 | Sali 1 | Sali 2 | Sali 3 | Sali 1 | Sali 2 | Sali 3 | Sali 1 | Sali 2 | Sali 3 | Sali 1 | Sali 2 | Sali 3 | | | | | | | | | | | | |
| 9:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 | | | | | | Pilates | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:00 | TKD Harmonia | | | | | | | | | | | | | | | Kehonhuolto | | | | | | | | | | | | | | | | | |
| 11:15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:00 | | | | | | | | | | | | | | | | | | | TKD Juniorit ja aikuiset 9gup-5gup | | | | | | | | | | | | | | |
| 16:15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:45 | | | | | | | | | | Valmistelu-aika | | | | | | | | | | | | | | | | | | | | | | | |
| 17:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:15 | | Karate Alkeisryhmä | TKD PT3 | TKD Pikku Tiikeri - alkeisryhmä | | (TKD Tenavat) Varaus uudelle ryhmälle | TKD PT1 | TKD PT2 | | TKD Sovellettu Ryhmä 1 | TKD Sovellettu ryhmä 2 | Varattu sovellettu | TKD Pikku Tiikeri - alkeisryhmä | TKD PT4 | | | | | | | | | | | | | | | | | | | |
| 17:30 | Karate Aikuiset | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:45 | | | | | | | | | | | | Karate Alkeisryhmä | | | | | | | | | | | | | | | | | | | | | |
| 18:00 | | | Karate Juniorit | TKD PT1 ja PT2 10-9gup4 | TKD Nuorten ja aikuisten alkeisryhmä | Kunto-karate | | TKD PT4 | TKD PT3 | | TKD Tenavat | Karate Aikuiset | Karate Juniorit | TKD Nuorten ja aikuisten alkeisryhmä | TKD PT1 ja PT2 9gup5-5gup | | | | TKD Juniorit ja aikuiset 4gup-4dan | | | | | | | | | | | | | | |
| 18:15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:15 | TKD Aikuisten jatkoryhmä | | | TKD Juniorit | | | TKD Aikuisten jatkoryhmä | | | TKD Vapaavuoro | | | TKD Juniorit | | | | | | | | | | | | | | | | | | | | |
| 19:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:15 | | | | | | Combat Hapkido | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |